

INSURANCE VERIFICATION FORM



I accept the following insurance plans.

- Regence Blue Cross Blue Shield
- Pacific Source
- Cigna
- United Healthcare
- Moda

I am not in-network with other insurance plans in Oregon or Washington. I can, however, provide you with a superbill that you may submit to your insurance for reimbursement if you have out-of-network nutrition benefits. Please note that I am not able to bill Medicare or Medicaid.

Please be aware that even if I am in-network with your insurance, each plan is different and **coverage for nutrition services is not guaranteed.**

To verify your insurance benefits for nutrition counseling, please call the number listed on the back of your insurance card and ask them the following questions. Please be aware that information given by your insurance company is not a guarantee of coverage.

1. Is Paige Wollenzien and/or The Kitchen Dietitian considered an in-network provider under my plan? If not, what are my out-of-network nutrition benefits?
2. Do I have benefits for nutritional counseling, using CPT codes 97802 & 97803 and diagnosis code Z71.3?
3. If applicable: Do I have different coverage with an eating disorder diagnosis (same CPT codes)? If so, which diagnoses?
4. Do I have a deductible to meet before insurance covers visits? If so, how much have I met so far?
5. Do I have a copay or coinsurance for visits?
6. Is a doctor's referral required?
7. Is there a limit on the number of visits allowed?
8. If applicable: Are telehealth visits covered?
9. Can I get a reference # for this call?

SCHEDULE AN
APPOINTMENT